

Year 7		
Autumn PE Lessons	Gym (Parkour)	Badminton
Spring PE Lessons	Climbing	Dance (athletics)
Winter Games 5 weeks	Netball, Football, Hockey,	Rugby +House Matches
Summer	Tennis / Athletics / Cricket / Rounders	House Matches +Sports day
Year 8		
Autumn PE Lessons	Orienteering	Badminton
Spring PE Lessons	Basketball	Dance
Winter Games 5 weeks Plus House Matches	You may choose to do one sport twice.	Rugby, football, hockey, netball
Summer	Athletics /Cricket	Rounders / Athletics
Summer 2 <sup>nd</sup> Half Term	House Matches	Sports day
Year 9		
Autumn PE Lessons	Badminton / Yoga	Orienteering
Spring PE Lessons	Climbing	Volleyball
Winter Games 5 weeks	(max block 10wks 1 sport)	Rugby, football, hockey, netball, basketball , table tennis.
Summer 1 <sup>st</sup> Half Term	Option 1 / Option2	Athletics / Tennis
Summer 2 <sup>nd</sup> Half Term	House Matches	Sports day
Year 10		
Autumn PE Lessons	Orienteering/ Just dance	Badminton / Yoga
Spring PE Lessons	Climbing/Dodgeball	Volleyball / Futsal
Winter Games Pick 2,3 or 4 : Rugby, football, hockey, volleyball, netball, basketball table tennis		
Develop leadership, organisational skills, giving & receiving feedback.		
Year 11 PE Lessons		
Develop the leadership and coaching elements.	Just dance, badminton, basketball, netball, climbing, dodgeball, futsal, yoga, dance (youtube), dance composition, volleyball, fitness, orienteering, table tennis, tennis. Dance evening practice.  As a group pick winter and spring topics based on facilities and staffing available.  Devise session Based on Active, Purposeful, Enjoyable, Safe.	

Develop organisational skills, giving and receiving feedback.	Purpose will follow the schools spiral curriculum.
Year 11 Games	Options on site range from rugby, football, hockey, netball, table tennis, badminton, dance, basketball, athletics, cricket, rounders tennis, yoga. (Dependent on the season).
Year 12 / Year 13	As Y11 plus some opportunities off site depending on the Year.